

Week Two: Some Really Big Questions!

Gather

Welcome! Take a moment to introduce any new people that missed last week and remind each other of names. Continue to prioritize getting to know one another.

A Few Group Practices

As you begin your time together, take a few minutes to agree on some simple practices for your group.

- **Start and end on time.**
- Decide whether your group will **watch the weekly video together or ahead of time.**
- Make room for everyone. **Listen as well as you talk.**
- Resist the temptation to fix, solve, or give advice unless someone specifically asks for it.
- Allow for silence and uncertainty. **“I need to think about that” is a perfectly good response.**
- Remember that what is shared personally in the group should be treated with care and confidentiality.

Watch & Reflect

Watch the Week Two video together if you have not already done so. This video is largely based on Part Two and the four questions:

- Who do we answer to?
- How does a good life feel?
- What should we hope for?
- Who should we live?

Discussion and going deeper

Patrick shared a hope of his grandmother—that she would have lived up to the hope her parents had for her. Consider sharing ways that the hopes of your family are guiding your choices now.

Consider the implications of the responsibilities that you have—to God, to family, to work, to community. Which ones weigh the heaviest? Which maybe are the “loudest” but may not be the most important?

Patrick talked about the life thread that goes through all of our ages and stages—which ones can you see at this point in your life? Are there any that are dangling?

Take some time to reflect on how wide and broad your own hope is? Is your hope growing, is it stagnant, or is it shrinking? What are some things that are growing your hope and what are situations or activities that may be shrinking your hope?

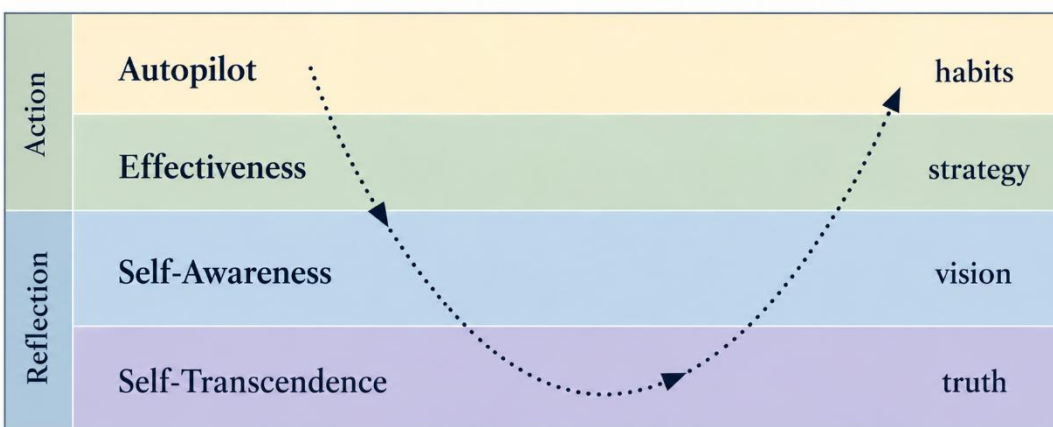
While growing hope is wonderful, many are dealing with life situations that shrinks your ability to think or hope more broadly, so this is a realistic look at hope. Additionally, we can allow our hope to be stagnant if we live too much of our lives on auto pilot (see chart from last week).

If you still have time to talk you can go back to talking about how a good life should feel.

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Reminder of the four levels from last week.

WHAT'S WORTH WANTING?



Pray for One Another

Before you close, share **one way the group can pray specifically for you this week**. What is one hope you have that we can lift up for one another? Do try to keep prayers for those in your group and not “all” the prayer requests!

Facilitator of the week, please close the group with prayer. Something very simple such as “Holy God, we lift us these prayer requests to your power and wisdom.” You can also close by praying the Lord’s Prayer together.

